# ALPINE CLASSIC 2009 DANCESPORT FESTIVAL

February 28, 2009

## **SYLLABUS COMPETITOR ENTRY FORM**

Entries due by: February 18th, 2009 (\$10.00 late fee per Form until Feb. 25th) After February 25<sup>th</sup>, no late entries will be accepted if it adds another round.

Male Competitor's Name (Please Print)		Female Competitor's Name (Please Print)
School Grade		School Grade
Address, City, State, Zip		Address, City, State, Zip
Telephone Number		Telephone Number
☐ E-mail I agree to give email for UBA mailing list.		☐ E-mail I agree to give email for UBA mailing list.
Instructor/Studio Name		Instructor/Studio Name
Saturday Morning (Doors (Please check appropriate category)		Notes: Any category with fewer than 3 couples may be canceled.
Elementary School (K-6 <sup>th</sup> Gr		Heel covers are mandatory!
<ul> <li>*Newcomer (Sw)</li> <li>*Syllabus American</li> <li>*Syllabus Standard (</li> <li>*Syllabus Latin (S/Pl</li> </ul>	W/Q)	* Denotes a closed syllabus event. All figures danced mus be from approved syllabus. Dancers must follow the Dress/Costume regulations also.
Junior High School (7 <sup>th</sup> -9 <sup>th</sup> G	Syllabus Events	PLEASE NOTE: Elementary School competitors may dance up into the Junior High School category. Junior High School competitors may dance up into the High School category.
<ul> <li>*Newcomer (Sw)</li> <li>*Syllabus American</li> <li>*Syllabus Standard (</li> <li>*Syllabus Latin (S/R)</li> </ul>	W/Q)	COST: Each entry form must be accompanied by \$10. This covers the first 3 sections entered per form. Each section thereafter is \$5 per section. (e.g. if you dance all 3 syllabus events, that is \$10 per couple. If you also dance newcomer, that would be an additional \$5, for a total of \$15.) Please make checks payable to AMERICAN FORK
High School Syl (10 <sup>th</sup> -12 <sup>th</sup> (	labus Events Grade)	HIGH SCHOOL.
<ul> <li>*Newcomer (Sw)</li> <li>*Syllabus American</li> <li>*Syllabus Standard (</li> <li>*Syllabus Latin (S/R)</li> </ul>	(F/CC) W/Q)	

Gentleman's Signature (Parent's if under 18)

Lady's Signature (Parent's if under 18)

## UTAH BALLROOM ALLIANCE RULES AND REGULATIONS

The Alpine Classic Dancesport Festival is not an NDCA Competition. However, we will abide by rules and regulations governing competitions and championships recognized by the National Dance Council of America, Inc. Some of the NDCA rules that directly apply to amateur competitors, along with additional rules applied by the organizer follow:

- 1. **ALL COMPETITORS** must have an admission ticket for each day they are competing.
- 2. No couple is exempt from competing in any round. Any couple who fails to appear at the scheduled time for the first round of any event will be disqualified from the event.
- 3. No person may compete in an age classification lower than their own. A couple's age classification eligibility is defined as the year in school at the time of the event.

#### **Age Category Classifications**

Participation in the syllabus events is based upon the current grade in school of the competitor according to the following designations:

Elementary School = K - 6<sup>th</sup> Grade Junior High School = 7<sup>th</sup> - 9<sup>th</sup> Grade High School = 10<sup>th</sup> - 12<sup>th</sup> Grade

### **Entry Restrictions**

- 1. Pre-teen, Junior and Youth competitors who dance a Championship or Open event may not dance in the Syllabus event of the same style.
- 2. Elementary and Junior High competitors may dance up one division only in each competition category.
- 3. All international style syllabus competitions are restricted to the ISTD Bronze, Silver & Gold syllabus. Newcomer and American style syllabus events may use any syllabus from member organizations of the NDCA as well as the BYU syllabus. Couples must dance within the framework of the accepted syllabi, including precedes & follows, & without embellishment. Figures must be danced as defined in the ISTD technique book. Partial figures may not be utilized unless so specified in the "precedes & follows" sections. No syncopations of steps may be used unless specified in a syllabus. Couples dancing out of syllabus will be warned once & then disqualified.
- 4. A competitor is eligible to dance in the "Newcomer" event (Elementary, Junior High, High School) until they have placed in a final of any event in their age classification, provided a quarter-final was danced. Open competitors are NOT allowed to compete Newcomer. Additionally couples who enter the youth "Newcomer" and "Syllabus" event may not enter any adult event in that same style.
- 5. A competitor is eligible to dance in "Newcomer" event until they place in the Final at the BYU event each semester. BYU in Nov. and March will be the last time each semester that will decide eligibility for this event.

### **Dress and/or Costuming**

### **BOYS:**

TROUSERS: a) Black or dark blue color only b) High waist optional c) Underfoot strap optional

SHIRTS: a) Plain white long sleeved collared shirt only b) No pleats or ribbing c) Sleeves to be worn at wrist length

MATERIALS: a) Fabrics must be plain, ie: cotton, polyester, cotton/polyester blend, wool blend b) No satin or shiny fabrics c) No glitter, metallic thread, patterns or sequins allowed d) Decorations - not allowed

**VESTS:** a) Dark vest or sweater allowed for standard/smooth competitions.

TIE: a) Black color only, may be either straight or bow.

**SOCKS:** a) Black or dark blue color only.

SHOES: a) Heel height not to exceed 1.5 inches. (Elementary Students Only)

MAKEUP: Not allowed.

HAIRSTYLE: Long hair must be worn in a pony tail.

#### **GIRLS:**

Skirt with top or simple dress with attached under garment or leotard top with full skirt

**SKIRTS:** a) Plain or pleated with minimum 1 to maximum 3 half circles. One simple underskirt allowed which is no larger or longer than top layer b) No use of boning, frills, splits, openings, fishing line, etc c) Length of skirt must not be shorter than 3 inches above the knee cap and no longer than 1 inch below the knee cap.

**NECKLINES:** a) Boat, high neck, v-neck, sweetheart, 'peter pan' collar, and regular collar are allowed.

**SLEEVES:** are required a) Long, short, elbow length, cap, or puff are allowed b) cannot be replaced by trimmings, frills, or edging on the shoulder line. c) No "finger loops" allowed

**MATERIALS:** a) Fabrics *MUST* be only one color throughout. b) No glitter, metallic thread, or fabric creating 'light or pattern effects'. c) No use of feathers, fringes, bows, belts, frills or sequins d) No flesh color fabric e) Any use of color coordinated 'see through' fabric must be lined from waist to shoulder; for use on arms no lining is needed.

SHOES: a) Heel height not to exceed 1.5 inches, and must be block heel style if a dance shoe. (Elementary Students Only)

SOCKS: a) White ankle socks or flesh colored pantyhose must be worn. b) No fishnet tights. (Elementary Students Only)

**OTHER**: a) No use of arm bands, chokers or headbands. b) No decoration is allowed on dress or in hair c) No jewelry is allowed d) No makeup allowed e) Use of fake eyelashes, fake fingernails, colored or glitter hairspray is forbidden. (**Elementary Students Only**)

Heelguards are mandatory and must be worn at all times, no exceptions.

COSTUMES AND HEELGUARDS WILL BE CHECKED THROUGHOUT THE COMPETITION.