



## COMPETITOR RULES

1. Each competitor must pay a competitor fee of \$10.00 as well as an admission ticket. All-day general admission ticket is \$10.00 for each day, or \$25.00 for a three-day combined ticket. Table seats are an additional \$15.00 each, per day.
2. Pre-Teen, Junior, and Youth syllabus events are restricted to Bronze, Silver, and Gold Syllabus figures from ISTD or member organizations of the NDCA for each style.
3. All restricted syllabus events must be danced within the framework of the syllabus with regard to timing, precedes and follows, hand-holds and amounts of turn. Standard technique should not be artificially embellished.
4. Age categories and classifications are as follows:
  - a. Pre-Teen: Competitors who are 11 years old and younger. Pre-teen competitors may dance up one age classification to the "Junior" category. A Pre-teen may not dance in the youth or adult category even if partnered by a Youth or Junior
  - b. Junior: Competitors who are 12, 13, 14, or 15 years old. Junior competitors may dance up through the Youth but not Adult categories even if partnered by an Adult.
  - c. Youth: Competitors who are 16, 17, or 18 years old. Nineteen (19) year old competitors may also dance as youths until they have graduated from high school.
  - d. Adult: Competitors who are 19 years of age or older.
  - e. College: Open to college students only.
5. For syllabus categories, the following designation will be used: **Elementary School:** Competitors who are currently in grades K-6<sup>th</sup>. **Junior High School:** Competitors who are currently in grades 7<sup>th</sup>-9<sup>th</sup>. **High School:** Competitors who are currently in grades 10<sup>th</sup>-12<sup>th</sup>. Elementary school competitors may not dance in the Youth category even if partnered by a Junior or Youth. Junior high school competitors may dance up one designation to the "High School" category, but only as defined in entry restrictions below.
6. A couple's age classification eligibility is defined as the age of the older partner on the day of the competition.
7. No person may compete in an age classification or category lower than their own.
8. Entry Restrictions: Pre-Teen, Junior, and Youth competitors who dance a championship event may not dance in the syllabus event of the same style. Pre-Teens & Juniors may dance up one age division only in each competition style. Youth competitors will be allowed to dance in the Youth divisions and the Adult divisions with the following restriction: Youth competitors will be allowed to dance a maximum of two events in each competitive style, i.e. Youth may dance in two of the following five events in each style: Youth Pre-Championship, Youth Championship, Adult Novice, Adult Pre-Championship, and Adult Championship.
9. No couple is exempt from competing in any round of a competition division. Any couple failing to appear at the scheduled time for the first round of any event will be disqualified from the event.
10. Costume rules are defined below. Any competitor who wears a costume deemed by the organizers to be unsuitable will be requested to change. If such request is not followed, the competitor will not be allowed to dance, their entry will be canceled and their admission ticket fee will not be refunded.
11. No responsibility for loss or theft of articles left in changing rooms, competition areas, locker rooms, practice areas or UVU campus can be accepted by UVU or the Ballroom program therein, and neither can they be held liable for injury sustained by persons at this event. Everyone attending does so at his or her own risk.
12. While the organizers of the UVU DanceSport Festival will follow the rules of the NDCA rule book, they are not bound by such, and, when deemed appropriate, may make adjustments. These decisions will be made by the organizing committee, and all decisions are final.
13. One dance formation team showpiece competitions are open to any team 4 to 16 couples. **Length of dance with exit and entrance is not to exceed 4 minutes. There will be a limit of one entry per studio in each event. There is a \$10.00 registration fee per entry.**
14. Cabarets are not to exceed 4 minutes, including entrance and exit. Adult couples only.
15. A couple is defined as one boy and one girl.
16. Dancers will abide by the attached costume guidelines.

## COSTUME RULES

### **Pre-Teen, Junior, & Youth Newcomer and Syllabus Couples:**

#### **Gentlemen:**

- 1) White long sleeve dress shirt with black tie (tuxedo shirt and bow tie allowed)
- 2) Black dress pants (high waisted pants allowed)
- 3) Black shoes (no "Cuban" heels for pre-teen boys are allowed)
- 4) Optional black vest, black sweater, black suspenders or black cummerbund is allowed
- 5) No earrings allowed.

#### **Ladies:**

- 1) Solid white top with matching sleeves.
- 2) Solid black, single layer skirt (knee length or lower) Slits not to exceed 2" above knee. One ruffle (of the same fabric as the skirt) up to eight inches will be allowed, but must go around the entire bottom of the skirt.
- 3) No fishing line, wire, etc. will be allowed in the hemline, including the ruffle.
- 4) No pleats, or uneven hemlines allowed on the skirt.
- 5) No belts, sashes, ties, cummerbunds or similar items allowed.
- 6) Regular cut dance trunks must be worn.
- 7) No sequins, rhinestones, feathers, glitter, fringe or similar decorations will be allowed anywhere: including on the top, skirt, face or hair.
- 8) Any dress shoe is allowed (heel height for pre-teens girls must not exceed one and one half inches).
- 9) Simple earrings allowed.

### **Pre-Teen Championship Couples:**

Pre-teen Championship couples must wear the following:

Boys: Dress Shirt and pants, optional tie and/or cummerbund or vest or black sweater.

Girls: Party dress with no sequins, rhinestones, feathers, glitter, fringe or similar decorations.

### **Junior & Youth Open Couples (Standard, Latin & American Style):**

Junior and Youth Open Couples may wear the attire specified for Junior & Youth Newcomer/Syllabus Couples or they may wear the attire specified for the Adult couples.

### **Adult Couples (Standard, Latin, Cabaret & Lindy - Novice, Pre-Championship or Championship Division):**

**Gentlemen:** Costumes appropriate to the style.

- 1 Latin shirts may be open to a point eight inches down from the Supra Sternal Notch (Jugular Notch)
2. Sheer fabric may only be worn on the arm. No sleeveless shirts.
3. No earrings allowed.

**Ladies:** Costumes appropriate to the style.

1. Regular cut dance trunks and fishnet hose must be worn.
2. Straps over both shoulders of at least one inch in width are required. If multiple straps go over a shoulder at least one strap must be the required one inch from front to back. Halter tops or designs that resemble them are not permitted.
3. Lower backs must be covered from a point five (5) inches above the waist line.
4. Sheer fabric on the bodice may be used from the top of the bust line up, in front, and in the back, from five inches above the waist up, in this case straps are not required.
5. Skirts may be broken or slitted from the trunk line down, but must cover the legs to mid-thigh when not in motion.
6. Cutouts or nude fabrics are not allowed.
7. Skin from the front to a point several inches behind the sides (axilla-line) must be covered.

