# July 9th - 12th

#### @ School of Ballet Arts

55 North 1400 West, Lindon (off the freeway) Phone: (801) 494-7617

## Preteen, Junior or Youth PARTNER CAMP - \$85.00

Must have equal number of men and women register

\*Camp includes a t-shirt

| PRETEEN                        | JUNIOR                       | YOUTH                        |
|--------------------------------|------------------------------|------------------------------|
| <b>9:00</b> Latin – Samba      | 12:15 Latin Cha-Cha & Rumba  | 12:15 Ballroom Quickstep     |
| Instructor – Cheryll Treu      | Instructor – Brady Stevenson | Instructor – Michael Johnson |
| 10:00 American Waltz & Cha-Cha | 1:15 Standard Quickstep      | 1:15 Latin Samba             |
| Instructor – Shannon Johns     | Instructor – Michael Johnson | Instructor – Brady Steveson  |
| <b>11:00</b> Latin – Paso      | <b>2:15</b> Lindy            | 2:15 West Coast Swing        |
| Instructor – Elaine Grenko     | Instructor – Elaine Grenko   | Instructor – Michael Johnson |

#### Junior & Youth SINGLE CAMP - \$85.00

#### No partner required

\*Camp includes a t-shirt

**8:30 - Movement for Ballroom Dancers:** In this class you will experience multiple styles of dance to help improve your Ballroom skills. You will learn good habits to help keep your body balanced, strong and flexible. This class will teach you the importance of warming up before and cooling down after a practice or competition. Come learn about your core and how to better control it! **Instructor: Krista Treu Derington** 

**9:30 - Technique & Turns for Ballroom Dancers:** This class focuses on proper technique in all styles of Ballroom, and how to turn while staying centered and balanced.

**Instructor: Krista Treu Derington** 

**10:30 - Fusion for Ballroom Dancers:** Come learn a fun fusion routine of Latin, Jazz and Hip Hop. You will have fun keeping up on your Latin Cha-Cha and Samba skills while incorporating and learning Jazz and Hip Hop concepts. Come learn how to express yourself in a way never done before!

**Instructor: Krista Treu Derington** 

### Junior & Youth COMBO PACKAGE – ONLY \$150.00

Register for both the Partner Camp and the Single Camp Enjoy a full day (6 hours a day) of dance classes for only \$150!!!

\*PARENTS ARE WELCOME TO WATCH CLASSES LAST DAY OF CAMP.

REGISTER BY JUNE 22nd

HURRY AND REGISTER TO CLAIM YOUR PLACE IN THE CAMP - FIRST COME FIRST SERVE!!!!

If a registration form is not attached to this paper please e-mail ktreu.dancer@gmail.com and request one.